



MAINZ • FRANKFURT
15 - 17 OCTOBER 2009



UP TO 15 HOURS OF
EUROPEAN CME CREDITS



Thursday 15th October

9:00 – 10:30 Registration & Coffee

10:30 – 11:00 Opening Ceremony

11:00 – 12:30
Anti-Aging, Preventive & Aesthetic Medicine:
Update on research and technologies

Topics Include:

- New trends in aesthetic and cosmetic dermatology – **Christos Zouboulis, Germany**
- Prevention medicine and genetic variation – **Johannes Huber, Austria**
- Currently available therapies with autologous stem cells from the basic principles to clinical application - **Augustinus Bader, Germany**
- Biology and genetics of aging – **Michael Klentze, Thailand**
- Regenerative medicine for aging: foreseeably feasible – **Aubrey de Grey, UK**

12:30 – 14:00 Break & Exhibition Hall

14:00 – 15:30 Anti-Aging & Preventive Medicine: Gynaecology, Endocrinology & HRT	14:00 – 15:30 Aesthetic Medicine: Dermatology & Anti-Aging
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- Breast cancer and hormones – biological plausibility – **Alfred Mück, Germany**
- Fertility in the aging male - **Piotr Jedrzejczak, Poland**
- Hormone treatment in combating osteoporosis – **Erdogan Ertungealp, Turkey**
- HRT update – **Thomas Rabe, Germany**
- Hormone therapy in pre- and postmenopausal women – **Olaf Ortmann, Germany**
- Biomimetic bioidentical hormone restoration therapy – **T.S. Wiley, USA**

- Cutaneous inflammation – good or bad for skin ageing – **Stephan Grabbe, Germany**
- Aesthetic dermatologic surgery – **Gerhard Sattler, Germany**
- Latest dermatological procedures with skin laser surgery and medicine – **Maurizio Podda, Germany (TBC)**



Thursday 15th October

15:30 – 16:00 Coffee Break & Exhibition Hall

<p>16:00 – 17:30</p> <p>Anti-Aging & Preventive Medicine: <i>Preventing & Treating Age Related Dysfunctions</i></p>	<p>16:00 – 17:30</p> <p>Aesthetic Medicine: <i>Latest Advances & Future Direction</i></p>
<ul style="list-style-type: none"> • A pro-inflammatory multi-gene polymorphism profile to predict the risk Alzheimer’s disease – Damiano Galimberti, Italy • Ionic currents as a new potential treatment for adult onset diabetes and prolonged longevity – Xanya Sofra-Weiss, USA • How chemical toxins and permanent pollutants POP’s can harm your health – Jean-Pierre Naim, Switzerland • Entropy, syntopy, synergetics, synchronization, coherence, gravity and resonance in relation to longevity – James Oschman, USA 	<ul style="list-style-type: none"> • Stem cells in skin care: the new skin revolution – Isabel Hoffman Miles, Canada • Autologous fibroblasts, enriched with skin stem cells, for face rejuvenation – Roland Ney, Switzerland • Fat grafting and stem cells for breast augmentation and reconstruction – Marita Eisenmann-Klein, Germany • Autologous pluripotent mesenchymal stem cells from the skin: opportunities for science and clinic for a new class of therapies, prevention and medical beauty – Christoph Ganss, Germany • Circulating stem cells in facial rejuvenation – Jan-Thorsten Schantz, Germany

17:30 End of Conference, Day One

18:00 Exhibition Hall Closes



Friday 16th October

<p>09:30 – 11:00</p> <p>Anti-Aging & Preventive Medicine: <i>Anti-Aging & Regenerative Medicine</i></p>	<p>09:30 – 11:00</p> <p>Aesthetic Medicine: <i>Techniques for Body Rejuvenation</i></p>
<ul style="list-style-type: none"> • Successful healing and anti-aging with specific low frequency Electro Magnetic fields – Wolf Dieter Kessler, Germany • Retrodifferentiation and aging: harnessing youth through induced pluripotent stem cells – Ilham Abuljadayel, UK • Stem cells in regenerative therapy of post-infarction heart - Maciej Kurpisz, Poland • A highly proliferative novel multipotent cell identified in menstrual blood - Julie Allickson, USA • Use of stem cells in intravenous form – Juergen Dieter Schiefelbein • The clinical application of naturopathic alternative therapy in the treatment of cancer and chronic disease and diabetes – Eric Scheinbart, USA 	<ul style="list-style-type: none"> • Body remodelling with the latest surgical methods – Javier Beut, Spain • Comparative analysis and clinical role of skin undermining and progressive tension sutures on seroma formation in three different techniques - Umar Daraz Khan, UK • Effective therapy for cheekbags: deep double anchor – DDA – Afshin Fatemi, Germany • Meso-Hair – Treatment option for hair loss patients by Mesotherapy – Britta Knoll, Germany

11:00 – 11:30 **Coffee Break & Exhibition Hall**



Friday 16th October

<p>11:30 – 13:00</p> <p>Anti-Aging & Preventive Medicine: <i>Laboratory & Diagnostic Testing, Data Analysis</i></p>	<p>11:30 – 13:00</p> <p>Aesthetic Medicine: <i>Laser Procedures</i></p>
<ul style="list-style-type: none"> • Environmental chemicals adverse effect on mitochondrial function and the impact on cellular function and aging – Walter Crinnion, USA • The benefits of salivary hormone measurements in Anti-Aging Medicine - Wolfgang Ziemann, Germany (TBC) • Inflammation, oxidative stress and aging: the role of biochemical and genetics tests - Maria Grazia Marin, Italy • Bioinformatics of molecular ageing data - past and future – Georg Fuellen, Germany 	<ul style="list-style-type: none"> • Lipolysis injections with phosphatidylcholine – 5 years of experience – Thomas Zimmermann, Germany • Focused ultrasound lipolysis: 2 year clinical trial overview – Benjamin Ascher, France (TBC) • How to built up an anti-aging practice – Dr. Somboon, Thailand • Clinical applications of new medical “bright” tools using multiple wavelength Light Emitting Diodes panels – Michele Pelletier, France

13:00 – 14:30 **Break & Exhibition Hall**



Friday 16th October

14:30 – 16:00	14:30 – 16:00
Anti-Aging & Preventive Medicine: Metabolism, Internal & Functional Medicine	Aesthetic Medicine: Techniques for Skin Rejuvenation
<ul style="list-style-type: none"> • Leptin- Link of the immune system and metabolism – Claus Muss, Austria • What are the best antioxidants for the atherosclerotic vessels? – Thomas Münzel, Germany • Osteoporosis – A global perspective – Pedro Bastos, Portugal • Glycation reversing drugs – Michael Colgan, Canada • Allostatic load and the diseases of aging – Filippo Ongaro, Italy • Gene therapy for vascular metabolic diseases – Enoc Chambi, USA 	<ul style="list-style-type: none"> • Rejuvenation of the skin by micropuncture injections – Martina Kerscher, Germany • Medical Mesolift – mesotherapy in skin rejuvenation – Britta Knoll, Germany • New combination treatments in anti-aging medicine: Lasers, botox, fillers, peels & mesotherapy used in skin rejuvenation – Bogdan Dimitrie Niculae, Romania • Anti aging facial rejuvenation without an incision – new technique: the double loop lift – Thomas Haffner, Germany

16:00 – 16:30 Coffee & Exhibition Hall



16:30 – 18:00 Anti-Aging & Preventive Medicine: Preventive & Regenerative Medicine	16:30 – 18:00 Aesthetic Medicine: Techniques for Skin Rejuvenation
<ul style="list-style-type: none"> • Prevention and therapy with isoflavones – Adolf Schindler, Germany • Orthomolecular medicine: practical concepts for the prevention and treatment of cardiovascular diseases – Udo Böhm, Germany (TBC) • Breast cancer risk- risks and benefits of female HRT, using polymorphism diagnostics – Michael Klentze, Thailand • Treating macular degeneration with hormone restoration - George Rozakis, USA, Sergey Dzugan, USA, Mihalis Papacharalambous, Greece • Tissue repair in sport medicine using activated platelets - Michel Frey, Switzerland 	<ul style="list-style-type: none"> • The benchmark for skin care in the 21st century: permeation – David Kung, USA • Combination possibilities in aesthetic treatments – Claudia Borelli, Germany • The pros and cons of suspension threads – Gustavo Leibaschoff, USA (TBC) • Office based anti-aging procedures used in family medicine practice - Bogdan Savu, Romania (TBC)

18:00	End of conference, Day Two
18:30	Exhibition Hall closes



Saturday 17th October

<p>09:30 – 11:00</p> <p>Anti-Aging & Preventive Medicine: Nutrition, Nutrigenomics for Optimised Health & Skin</p>	<p>09:30 – 11:00</p> <p>Anti-Aging & Preventive Medicine: Mitochondrial Aging</p>
<ul style="list-style-type: none"> • How preventive nutrigenomic testing can revolutionise your health - Zulya Maizetova, UK • Personalised, gene-based nutritional advice instead of general dietary prescriptions – Eva Schaeufele, Germany • Nutrigenetics and long term weight management: recent advances – Bernard Weber, Luxembourg • The new Mediterranean Diet emphasis on healthy fats – Fedon Lindberg, Norway 	<ul style="list-style-type: none"> • In the central nervous system - Wolfram Kunz, Germany • DNA damage and the aging process - Rudolf Wiesner, Germany • Photoprotection beyond UV – A protective strategy against Infrared A radiation induced damage - Peter Schroeder, Germany
<p>11:00 – 11:30 Coffee Break & Exhibition Hall</p>	




Saturday 17th October

11:30 – 12:30 Anti-Aging & Preventive Medicine: <i>Nutrition and Sports Medicine</i>	11:30 – 12:30 Aesthetic Medicine
<ul style="list-style-type: none"> • Role and effectiveness of fungal supplemental enzymes in wellness and biological age control – Mahamane Mamadou, USA • PRACTICAL SESSION! Genomics practice in a clinical setting – how to explain results to patients? – Shafic Kaidbey, Saudi Arabia • Run For Life! A new and innovative treatment, rehab and training approach to allow your patients to be able to run for a lifetime reducing the effects of aging – James Stoxen, USA 	<ul style="list-style-type: none"> • The Direct Hair Implantation technique – a new method of hair restoration - Anastasios Vekris, Greece • LIVE DEMONSTRATION! Non-Surgical face rejuvenation using combined techniques – Charbel Kamel, Spain (TBC)

12:30	Break & Exhibition Hall
14:30	End of Conference



NON-COMMERCIAL WORKSHOPS			
Thursday 15 th October		Friday 16 th October	Saturday 17 th October
9:00-10:00	<i>No workshops</i>		<p>Medical Spa Operations Workshop</p> <p>Medical Spa Set up:</p> <ul style="list-style-type: none"> • Medical Spa Concepts and Design Overview • Business Plan development and overview • Hiring a Winning Team
10:15-11:15	<i>No workshops</i>		
11:30-12:30			
12:45-13:45			
Lunch break			
14:30-15:30	<p>New concepts of prevention in non-communicable chronic disease</p> <p>Part 1: New Diagnostics in Preventive Medicine</p> <p>Part 2: New Therapeutic concepts in Preventive Medicine</p> <p>Presented by</p>  <p>Speaker include: <i>Claus Muss, Germany</i> <i>Vera Stejskal, Sweden</i> <i>Thomas Endler, Austria</i> <i>Enno Freye, Germany</i> <i>Franz Enzmann, Germany</i></p>		<p>Medical Spa Operations Workshop</p> <p>Round table discussion and networking with the experts</p> <p>Share your ideas with the top specialists, managers, owners and they will share with you the key to success:</p> <ul style="list-style-type: none"> • Management • Employee compensations • Retail strategies • Marketing strategies that works • Merchandising <p>Presented by: <i>Manon Pilon</i></p>
15:45-16:45			
17:00-18:00			



<p>FRIDAY 16TH OCTOBER 09:00 – 13:00</p>	<p>**CME ACCREDITED** ENERGY MEDICINE WORKSHOP</p>
<p>Energy medicine technologies are becoming more and more popular as components of anti-aging practices, and attract more and more patients. Key accomplishments of energy medicine include reduction of pain and oxidative stress, relaxation, and rapid resolution of both acute and chronic inflammatory conditions associated with diseases of aging. This workshop will explore the practical aspects of exciting new energy modalities.</p> <ul style="list-style-type: none"> • Eye opener – energetic aspects of aging • Energy medicine and anti-aging: From fundamentals to new breakthroughs • Disease or energetic imbalance <p><i>Speakers include: James L. Oschman (USA) Wolf Dieter Kessler (Germany)</i></p>	
<p>14:00 – 18:00</p>	<p>ONDAMED TECHNOLOGY & METHODOLOGY – NON-CME</p>