

16th ANNUAL WORLD CONGRESS ON ANTI-AGING MEDICINE

& REGENERATIVE BIOMEDICAL TECHNOLOGIES

December 10-14, 2008 | The Venetian Hotel, Las Vegas, NV



DRAFT PROGRAM

GENERAL CONFERENCE – THURSDAY, DECEMBER 11, 2008
SPECIAL SESSIONS

SESSION 1

WHAT THE FDA DOES NOT WANT YOU TO KNOW: HORMONAL REPLACEMENT THERAPY AND THE LAW

Co-Chair: James W. Forsythe, M.D., HMD

7:50 AM- 5:30 PM Room TBA

2.25 Hours CME Credits Available

This workshop was prompted by Dr. Forsythe's three year battle against the FDA which culminated in a "Not Guilty" judgment in a federal district court in November 2007. This ordeal has served as an impetus to educate other physicians and health professionals in the field of Anti-Aging Medicine on the risks and proper procedures in treating patients for age related HGH deficiency syndrome. This seminar will include a comprehensive review and understanding of the science and the endocrinology of the appropriate work-up, laboratory testing and treatment programs which can now be used in the process of good medical care in treating patients with this syndrome. In a later talk Dr. Forsythe will describe all of the important events which occurred in his battle against the FDA including the acts of malicious prosecution and the formulation phase of a national protocol sanctioned by the FDA to be used throughout the U.S. by all physicians engaged in this new age sub-specialty, Anti-Aging Medicine of internal medicine and family practice.

7:50 am – 8:00 am	Welcome and Overview of Seminar*	Earlene Forsyth, APN
8:00 am – 9:15 am	Get Out of Line and Hormone Replacement Therapy by The Book*	Eldred Taylor, MD
9:15 am – 10:15 am	Introduction to Treating Adult Hormone Deficiencies*	Michael Gerber, MD, HMD
10:15 am – 11:00 am	Human Growth Hormone Replacement Therapy: Diagnosis-based Laboratory Testing*	Mark L. Gordon, M.D.
11:00 am – 12:00 am	Compounding Pharmacies and the Law: BHRT vs. FDA*	Brant Skanson, R.Ph
12:00 pm – 1:00 pm	Lunch (on own)	
1:00 pm – 2:15 pm	The Stress Connection*	Eldred Taylor, MD
2:15 pm – 3:15 pm	Human Growth Hormone on Trial "United States vs. James W. Forsythe" Human Growth Hormone and the Development of a National Protocol*	James W. Forsythe, M.D., HMD
3:15 pm – 4:15 pm	The Law and Human Growth Hormone Replacement Therapy: A Case Presentation: "The United States vs. James W. Forsythe"	Kevin Mirch, JD
4:15 pm – 5:30 pm	Integrative Medicine and the Law	Richard Jaffe, JD
5:30 pm	Session Close	

SESSION 2

HOW TO SET UP YOUR ANTI-AGING PRACTICE

Co-Chairs: Mitchell Ghen, D.O., Ph.D and Patrick Savage, MBA

8:00 AM- 5:00 PM Room TBA

Non-CME Workshop

Anti-aging medicine is the fastest growing medical specialty, with the global market expected to reach \$115.5 billion by 2010. With this growth, many challenges arise for the physician either adding to their existing practice or setting up a brand new practice. This course will offer solutions for the start-up of your anti-aging practice.



DRAFT PROGRAM

**GENERAL CONFERENCE – THURSDAY, DECEMBER 11, 2008 (CONT)
SPECIAL SESSIONS**

SESSION 3

LAB TESTING IN ANTI-AGING MEDICINE
Co-Chair: *Bill Anton, Ph.D.*
8:00 AM- 5:00 PM Room TBA 6 Hours CME Credits Available

The various test panels available and how they are used for diagnosis in anti-aging medicine.

- 8:00 – 10:00 New Test Panels: Osteoporosis; Comprehensive laboratory screening profiles; Bone Metabolism – Urine Test available; Parathyroid hormone; Vitamin D; Calcium levels and absorption
- 10:00 – 10:30 BREAK
- 10:30 – 1:00 Food Allergies vs. Sensitivities; Interpretation of Food Allergy results; Treating Food Allergies and Sensitivities; Sensitivities to Food Additives, preservative and artificial colorings
- 1:00 – 2:00 LUNCH BREAK
- 2:00 – 3:30 New Test Panels: Adrenal Reserves & Testing Adrenal Metabolites; Anabolic vs. Catabolic Ratio; Growth Hormone Urine vs. Serum Testing; Assessing Testosterone to DHT; Assessing aromatization; Assessing testosterone/androgen secretion levels
- 3:30 – 4:00 BREAK
- 4:00 – 5:00 Neurotransmitter Metabolism and Mood Disorders; Dopaminergic, Noradrenergic, Adrenergic, Serotonergic Activity; MAO & COMT assessing activity levels; Results Interpretation & Treatment Protocols

SESSION 4

INNOVATIONS IN ANTI-AGING MEDICINE
8:00 AM- 6:00 PM Room TBA 9 Hours CME Credits Available

- 8:00 – 8:30 The Gut-Brain Connection in Anti-Aging Medicine** **Cass Nelson-Dooley, MS**
Clinical cases will be presented with an emphasis on the gut-brain connection underlying migraine headache, depression, fibromyalgia, and fatigue. Treating the gut-immune barrier improves quantity and quality of life for all patients and is an important tool for the anti-aging physician.
- 8:30 – 9:00 The Human Tripeptide GHK, the Copper Switch, and the Treatment Of Degenerative Conditions of Aging** **Loren Pickart, PhD**
Studies of the CHK/HK-Cu system suggest novel therapeutic approaches to certain medical conditions of aging. Understanding how the GHK/GHK-Cu actions may open a door to the treatment of chronic inflammatory conditions such as psoriasis, psoriatic arthritis, ulcerative colitis, rheumatoid arthritis, ankylosing spondylitis and Crohn's disease..
- 9:00 – 9:40 Applications for FDA Approved Anabolic Steroids for Men & Women** **Edward Lichten, MD, PC**
FDA approved anabolic steroids are able to reverse the signs and symptoms of disease in both men and women. The presentation will note that changing the testosterone/estrogen ratio in women can stop breakthrough bleeding, endometriosis, fibroid pain, migraine and PMS. The physiology is discussed including the use of anabolic steroids to increase libido in women.
- 9:40 – 10:20 Iodine Insufficiency and Cancer** **Jorge D. Flechas, MD**
Will discuss how iodine insufficiency is associated with a higher risk for developing cancer. Estrogen inhibits the absorption of iodine at the cellular level. Insufficiency of iodine in the body is a known precursor for development of cancer.
- 10:20 – 10:50 Oral Serotonin Supplementation and Weight Loss** **Robert Posner, MD**
Discussion of the use of serotonin supplements in conjunction with diet and exercise can augment weight loss results.



DRAFT PROGRAM

GENERAL CONFERENCE – THURSDAY, DECEMBER 11, 2008 (CONT)
 SPECIAL SESSIONS

SESSION 4 (CONT)

INNOVATIONS IN ANTI-AGING MEDICINE (CONT)
 8:00 AM- 5:00 PM Room TBA _____ Hours CME Credits Available

10:50 – 11:20	Placental Growth Factor in Anti-Aging Therapy	Sawako Hibino, MD, PhD, ABAAM
	<i>The use of human placenta extract as an immunotropic and anti-inflammatory wound healing and in anti-aging such as skin rejuvenation.</i>	
11:20 – 12:00	The New Hormone Replacement Therapy	John Crisler, DO
	<i>Review of some of the medications, legend and OTC, used to increase Growth Hormone production. Will explore how to coming the various pathways to achieve maximal effect at a minimal cost.</i>	
12:00 – 1:00	LUNCH	
1:00 – 1:40	Glycation: Diabetes and Accelerated Aging	Stephen V. Joyal, MD
	<i>Learn strategies to minimize endogenous and exogenous glycation and reduce the risk of diabetic complications.</i>	
1:40 – 2:10	New Breakthrough Natural Weight Loss Technology: A Clinical Double-Blind Study Cross Over Report	Paul Ling Tai, DPM, FACFS, ABPS
	<i>Report of an 8 wk extensive clinical study on the effect of a new herbal substance, baubinia extract from the Amazon Forest, on weight loss in overweight humans in the absence of dietary or exercise intervention.</i>	
2:10 – 2:40	Modern Day Coagulation Battles: The Constellation of Metabolic Storms That End in Thrombotic Disasters	Raif Tawakol, MD
	<i>A clinical review of the early unrecognized coagulation abnormalities and the end state terminal wars of coagulation that result in end organ damage.</i>	
2:40 – 3:20	A Radical Approach to Diabetes Complications	Dr. Robin Wilcourt
3:20 – 4:00	Testosterone Replacement Therapy (TRT): Optimizing Clinical Outcomes	Michael Aziz, MD
	<i>Will discuss male andropause and testosterone replacement including causes of low testosterone, comorbidities related to low testosterone levels, replacement therapy and its potential adverse effects.</i>	
4:00 – 4:40	Low-level Laser Therapy in the Reduction of Circumference of the Waist, Hip and Bilateral Thighs: A Randomized Controlled Study	Alan J. Bauman, MD
4:40 – 5:20	Plant Extracts for Prostate Health: An Overview of Preclinical and Clinical Research	John Hall, PhD/ Sylvie Beljanski
	<i>An overview of the Beljanski theory of carcinogenesis and the ongoing research being conducted on plant extracts and their ability to suppress the proliferation of a wide variety of cancer cells but do not affect healthy cells.</i>	
5:20 – 6:00	Ionic Currents: A Potential Treatment for Diabetes and Longevity	Xanya Sofra-Weiss, PhD
	<i>Will discuss studies that have successfully reversed aging in certain organisms by eliminating apparent aging genes.</i>	



DRAFT PROGRAM

**GENERAL CONFERENCE – THURSDAY, DECEMBER 11, 2008 (CONT)
SPECIAL SESSIONS**

SESSION 5

ENERGY MEDICINE
Co-Chair: James L. Oschman, Ph.D.
8:00 AM- 5:00 PM Room TBA 8.25 Hours CME Credits Available

The educational part of the workshop reviews major developments in energy medicine in relation to longevity. Dr. James L. Oschman will provide a backgrounder in physics and biophysics, leading to a structural/energetic model, as contrasted with a biochemical model, of oxidative stress. Dr. Stephen T. Sinatra will integrate electrical and nutraceutical medicine in augmenting cellular detoxification and repair. Dr. Wolf-Dieter Kessler will describe the combination of anti-oxidants with electromagnetic fields, including cases in which specific energy fields are superior to anti-oxidants. Dr. Robert A. DeJonge will summarize the use of energetic evaluations to identify deficits in an individual's overall health. Dr. Dawson Church will discuss epigenetics: how emotional, mental and spiritual states influence entire classes of genes, especially those regulating the immune system. Dr. Jeffrey Spencer will summarize the use of energy medicine technologies such as the laser, microcurrents, and grounding for treating acute injuries and maintaining peak performance in demanding athletic events such as the Tour de France. In a commercial session, Rolf Binder will describe the development of ONDAMED[®], a technology that can identify a patient's electromagnetic imbalances and restore equilibrium without the need to identify particular diseases. Dr. Wolf-Dieter Kessler will describe and demonstrate refined ONDAMED[®] techniques that locate the main focus of a problem in contrast to the patient's main complaint.

8:00 am – 8:30 am	EYE OPENER: Basic Lessons from Physics, Leading to Biophysics	Dr. James L. Oschman
8:30 am – 9:30 am	Energy Medicine: The Wisdom of Smart Medicine	Dr. Stephen T. Sinatra
9:30 am – 10:30 am	The Theory Behind a Successful Anti-Aging Clinic	Dr. Wolf-Dieter Kessler
10:30 am – 11:30 am	Operating a Successful Anti-Aging Clinic	Dr. Carolyn A. Matzinger
11:30 am – 12:00 pm	Q&A	PANEL
12:00 pm – 1:00 pm	LUNCH (on own)	
1:00 pm – 2:00 pm	Epigenetic Factors in Aging and Anti-Aging	Dr. Dawson Church
2:00 pm – 3:00 pm	Energy Medicine in Therapeutics and Human Performance: Experiences With Elite Athletes	Dr. Jeffrey Spencer
3:00 pm – 3:15 pm	BREAK	
3:15 pm – 3:45 pm	Disease or Energetic Imbalance?	Dr. Rolf Binder
3:45 pm – 4:30 pm	New Breakthroughs in Energy Medicine	Dr. Wolf-Dieter Kessler
4:30 pm – 5:30 pm	Ondamed Technology and Methodology	Dr. Wolf-Dieter Kessler
5:30 pm – 6:00 pm	Summary and Conclusions	Dr. James L. Oschman
6:00 pm	Session Close	

SESSION 6A

PAIN MANAGEMENT
7:45 AM- 12:00 PM Room TBA 4 Hours CME Credits Available

Pain management can be one of the most difficult aspects of anti-aging medicine. This workshop will give you several strategies for managing the pain of your patients in the office.

7:45 – 8:00	Introduction to Pain Management	Tina Miranda, MD, MBA
8:00 – 8:40	Vibration as Pain Management	Chirag Patel, MD
8:40 – 9:10	Non-Invasive Chiropractic Methods	Thumper Bloomquist, DC
9:10 – 9:50	Pharmaceuticals	Tina Miranda, MD, MBA
9:50 – 10:20	Facet Joint Injections	Hendrieka Fitzpatrick, MD
10:20 - 10:50	Bones: Hazardous Drugs and a Natural Bone Building Program	Phuli Cohen, MD
10:50 – 11:30	Prolotherapy (Regenerative Injection Therapy) for Musculoskeletal Pain	Donna Alderman, DO
11:30 – 12:00	Phytomedicine for Pain Management	Gary Chamberland, PhD

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GENERAL CONFERENCE – THURSDAY, DECEMBER 11, 2008 (CONT)
SPECIAL SESSIONS

SESSION 6B

TRAINING & REHABILITATION
1:00 PM- 5:00 PM Room TBA 4 Hours CME Credits Available

This workshop will focus on several unique aspects of training and rehabilitation in anti-aging medicine.

1:00-1: 40	The Role of Assessment in Achieving Optimal Musculoskeletal Aging	Nicholas DiNubile, MD
1:40 – 2:20	Exercise Prescription for the Care and Prevention of Back Disorders	James T. Bell, PhD
2:20 – 3:00	Prevention of Cardiac Sudden Death in the Athlete	Jeffrey A. Rosenblatt, MD
3:00 – 3:40	Beyond Steroids: Elite Sports Performance Technologies and Drugs	Nick Delgado, PhD
3:40 – 4:20	Developing a Physician-Based Medically Integrated Anti-Aging And Wellness Center of Today	Daniel J. Lynch, MS
4:20 – 5:00	Qigong: The Ultimate Anti-Aging Exercise	Regina Wolgel, MS

SESSION 7

**A PRACTICAL APPLICATION OF TREATING ADULT HORMONE DEFICIENCY USING
BIO-IDENTICAL HORMON REPLACEMENT THERAPY**
Co-Chair: Ronald Rothenberg, MD
8:00 AM- 6:00 PM Room TBA 7.25 Hours CME Credits Available

This workshop is designed to teach the physician how to practice medicine with the use of Human Hormone Replacement. This is the medicine they did not teach you in Medical School. You will learn the basic and advanced techniques of using Human Hormones to prevent the degeneration of aging. This is a must for Ob/Gyns and General Practitioners, Physician Assistants, Nurse Practitioners, Naturopaths, and Family medicine Physicians.

8:00 – 8:45	Introduction to Treating Adult Hormone Deficiency	Ronald Rothenberg, MD
8:45 – 9:30	Thyroid Replacement Therapy	Ronald Rothenberg, MD
9:30 – 9:45	BREAK	
9:45 – 10:45	Neurotransmitters and the Brain	Eric Braverman, MD
10:45 – 11:45	Adult Growth Hormone Deficiencies Treatment	Mark Gordon, MD
11:45 – 1:00	LUNCH	
1:00 – 2:30	Female Hormone Replacement	Andrea Cole-Raub, DO
2:30 – 3:15	Testosterone Replacement Therapy in Men & Women: Benefits, Potential Risks, and Practical Algorithms	Ronald Rothenberg, MD
3:15 – 4:15	Compounds & the Law in Adult Hormone Deficiency	John Grasela, RPh
4:15 – 4:30	BREAK	
4:30 – 6:00	The Nuts and Bolts of Anti-Aging Medicine	Ronald Rothenberg, MD



DRAFT PROGRAM

**GENERAL CONFERENCE – THURSDAY, DECEMBER 11, 2008 (CONT)
SPECIAL SESSIONS**

SESSION 8

TOOLS FOR CHANGE: USING DIAGNOSTIC TOOLS TO BUILD YOUR HEALTH AGING PRACTICE

Co-Chair: *Patrick Hanaway, M.D.*

8:00 AM- 5:00 PM Room TBA

7 Hours CME Credits Available

Over the past 30 years there has been an exponential increase in the utilization of nutritional supplements and dietary therapies, but the development of empiric tools to quantitate the need for these supplemental nutrients – in the form of vitamins and minerals – has not been well characterized. Thus, it has been difficult for the clinician to answer the simple (and seemingly ubiquitous) questions: “What vitamin should I take?” & “What diet should I follow?”

8:00 am – 8:30 am	Introduction – “What Vitamin Should I Take?”	Patrick Hanaway, MD
8:30 am – 10:00 am	Understanding Nutrient Depletion	Pamela Smith, MD, MPH
10:00 am – 10:30 am	BREAK	
10:30 am – 12:30 pm	Macronutrient Needs & Weight Loss	Gloria Hakkarrainen, MD
12:30 pm – 1:30 pm	LUNCH (on own)	
1:30 pm – 3:00 pm	Determining Micronutrient Needs	Patrick Hanaway, MD
3:00 pm – 3:30 pm	BREAK	
3:30 pm – 5:00 pm	Applying Nutritional Tools in Clinical Practice	Chris Renna, DO

SESSION 9

ADVANCES IN ANTI-AGING MEDICINE

Co-Chair: *Stephen Holt, MD*

8:00 AM- 5:00 PM Room TBA

9 Hours CME Credits Available

8:00 – 8:40	Advances in the Development of Dietary Supplements in Anti-Aging Medical Practice	Stephen Holt, MD
8:40 – 9:20	Reverse the Effects of Our Toxic Environment Through Whole Food Purification	Debra Muth, RNC, WHNP, ND
	<i>Learn how to remove toxins easily from the body, which promotes health, healing and improved weight management. Share case studies proving that the detoxification program can provide long-term support against internal and external stressors.</i>	
9:20 – 10:00	Partial Reversal of Parameters of Aging and Inflammation in a Normal Aging Population Supplemented with a Patented Oral Glutathione Optimizer: Implications for Disease of Aging	R.H. Keller, MD, MS, FACP
	<i>A double-blind placebo controlled crossover study to examine parameters of inflammation (TNF-alpha) and aging (IGF1 and DHEA among others) in aging normals supplemented with a patented oral glutathione optimizer.</i>	
10:00 – 10:40	Silver Sol and the Successful Treatment of Hospital Acquired MRSA In Human Subjects With Serious Ongoing Infection	Gordon Pedersen, PhD
	<i>Will demonstrate the benefits of Silver Sol on human subjects with serious MRSA infections of the skin.</i>	



DRAFT PROGRAM

GENERAL CONFERENCE – THURSDAY, DECEMBER 11, 2008 (CONT)
SPECIAL SESSIONS

SESSION 9 (CONT)

ADVANCES IN ANTI-AGING MEDICINE (CONT)
Co-Chair: *Stephen Holt, MD*
8:00 AM- 5:00 PM Room TBA 9 Hours CME Credits Available

10:40 – 11:20	Integrative Anti-Aging Applications for Chronic Diseases and Cancer: Clinical Research Validation	Rita Ellithorpe, MD
	<i>Integrative approaches have far-reaching health benefits for the application of anti-aging medicine in standard clinical practice.</i>	
11:20 – 12:00	Treatment of Enzymopathy of Polymorphism Found in Common Diseases of the Metabolic Syndrome	Dr. M. Nicholas Martin
	<i>Will discuss treatments of metabolic diseases such as diabetes mellitus, cancer, chronic fatigue, malaise, atherosclerosis, autoimmune diseases, adrenal obesity, fibromyalgia, and autism by correcting the enzymopathies that fail to form normal enzymatic products.</i>	
12:00 – 1:00	LUNCH	
1:00 – 1:30	Epigenetics & Immunosenescence Reversal – An Evidence-Based Anti-Aging Paradigm	Karriem H. Ali, MD
	<i>Will discuss how immune dysregulation – specifically in that branch referred to as the “innate immune system” – may be the determinative factor for the seemingly inevitable functional decline of advancing age.</i>	
1:30 – 2:10	Pre-Diabetes: Critical Focus for the Anti-Aging Physician Approach For Preventing Accelerated Aging & Degenerative Disease	Dr. Fredric Vagnini
	<i>Will outline a program for the anti-aging physician, including lifestyle changes, nutraceuticals and the most up-to-date aggressive pharmacologic therapy.</i>	
2:10 – 2:50	Phospholipid Bound Omega-3 Fatty Acids in Anti-Aging Practice	Tina Sampalis, MD, PhD
	<i>Will evaluate the effect of phospholipid-bound omega-3 fatty acids on quality of life including the effect on physical appearance of patients with a confirmed diagnosis of hyperlipidemia.</i>	
2:50 – 3:30	Rejuvenation Through Detoxification	Russell L. Kolbo, DC, ND
	<i>Will discuss the importance of detoxification, including how to do it and role it has in health care.</i>	
3:30 – 4:00	Photobiomodulation with Laser Therapy: A Non-Invasive Approach for the Emulsification of Adipocyte Cells	Ryan Maloney, PhD
4:00 – 4:40	Nutrition is Critical for Effective Hormone Replacement Therapy	Anthony G. Beck, ND, DOM
4:40 – 5:20	Approach to Cardiovascular Disease: 2010 and Beyond	Jeffrey A. Rosenblatt, MD
5:20 – 6:00	Laser Lipolysis: A New Method of Body Contouring	Agnieszka Protasewicz, MD, PhD

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DRAFT PROGRAM

GENERAL SESSION – FRIDAY, DECEMBER 12

3 Hours CME Credits Available

- 6:30 am** **REGISTRATION OPENS**
- 7:00 – 7:40** **Fish Oil – Omega 3 Anti-inflammatory: What, How, When?** **Dr. Selvaraj Y. Subramaniam**
The aim of this seminar is to introduce the understanding of systemic inflammation as supported by the free radicals theory of aging. Thus, we need an anti inflammatory agent and as such Omega 3 would be lectured in detail as what, how and when it acts with its anti inflammatory properties. Ultimately, we can tame the silent inflammatory fire within, to give us a better quality of life (QOL) by slowing down the biological aging as we age chronologically.
- 7:40 – 8:20** **Combating Influenza by Stimulating the Body’s Natural Defenses** **Barry W. Ritz, PhD**
Will discuss looking beyond vaccines and devoting more research to alternative means of stimulating the body’s natural defenses against infection.
- 8:20 – 9:00** **OPENING REMARKS:** **Ronald Klatz, MD.DO**
The Essence of Anti-Aging Medicine* **Robert Goldman, MD, PhD, DO, FAASP**
Establishes the facts, and dispels the fallacies, regarding the clinical science of anti-aging medicine.
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Ronald Klatz, MD, DO
Founder & President, American Academy of Anti-Aging Medicine (A4M)



Robert Goldman, MD, PhD, DO, FAASP
Chairman of the Board, American Academy of Anti-Aging Medicine (A4M)
- 9:00 – 9:20** **Anti-Aging Medicine in Malaysia*** **Azalina Othman Said**
- 9:20- 10:00** **Magnificent Mind at Any Age: Natural Ways to Balance Your Brain and Improve Everything in Your Life** **Daniel G. Amen, MD**
Learn ways to balance your brain and in so doing improve everything in your life. Physician and scientist Daniel Amen will show you: (i)how a magnificent mind starts with a healthy brain; (ii)hidden short circuits that may be ruining your life; (iii) how to strengthen your brain’s internal controls; (iv) how to develop mental toughness; and (v) natural ways to heal your brain.
- 10:00-10:30** **Bariatric Innovations for the Anti-Aging Physician** **Gloria Hakkarianen, MD**
Will discuss how to target weight loss with the newest armamentarium of products and equipment, how to utilize the protocols of the American Board of Bariatric Physicians to capture a new segment of the population/ revenue stream into your Anti-Aging practice utilizing evidence based testing diagnosis and treatment, and how to create and develop patient relationships that transition from weight loss to long term prevention and anti-aging.
- 10:30-11:00** **A Restorative Medical Model that Works – Case Studies** **Sangeeta Pati, MD**
This presentation will focus on a medical model, through case studies, to restore optimal health to those with fatigue, weight gain, low sex drive, depression, anxiety, insomnia, fibromyalgia, rheumatoid arthritis, chronic fatigue and more. Learn how to integrate hormones, nutrition and detoxification to restore optimal function.

11:00 AM – 1:00 PM
EXHIBIT HALL OPENS ~LUNCH BREAK



DRAFT PROGRAM

GENERAL SESSION – FRIDAY, DECEMBER 12 (CONT)

SESSION 1

NON-TOXIC ADVANCES IN TREATMENT AND PREVENTION OF CANCER

Co-Moderators: Drs. Klatz and Goldman

1:00 PM – 5:00 PM

4 CME Credits Available

- | | | |
|-------------|---|---|
| 1:00 - 1:30 | Pro-oxidant Vitamin C and Substituted Phenolic Compounds Are Specifically Killing Cancer Cells
<i>Will discuss the use of pro-oxidant Vitamin C and substituted phenolic compounds and their ability to destroy cancer cells. Their studies have shown these compounds are devoid of side-effects and should be considered in the treatment of different malignancies and infections.</i> | John Ionescu, PhD |
| 1:30 – 2:00 | The Clinical Application of Naturopathic Alternative Therapy In the Treatment of Cancer & Chronic Disease
<i>Will discuss how “oxidative stress” from chemotherapy agents may prolong G0 or G1 phase of cell division and inhibit cell replication which interferes with the efficacy of these drugs and how this can be reduced by concomitant use of antioxidants.</i> | Eric A. Scheinbart, MD/
Rene Broekhuysse, MD |
| 2:00 – 2:40 | Prostate Cancer as a Paradigm to Pro-active Integrative Management (PIM)
<i>Will discuss an integrative approach to prostate cancer which integrates the various systems and milieu factors to create harmony and symphony within the body.</i> | Stephen B. Strum, MD |
| 2:40 – 3:10 | Non-Toxic Cancer Therapy Using Chlorophyll and Ultrasound
<i>Included in this presentation is a study on the effect of US-AT on S-180 sarcoma in mice.</i> | Thomas J. Lewis, PhD |
| 3:10 – 3:40 | Providing Integrative Energy in Cancer and Ischemia
<i>This lecture will focus on cancer and ischemia examples of how to use integrative energy to combat metabolic dysfunction.</i> | Frank Antonawich, PhD |
| 3:40 – 4:20 | Cancer: Non-Toxic Therapies
<i>Will discuss how to manage advanced stage cancer more effectively than just administering chemotherapy.</i> | Mark Rosenberg, MD |
| 4:20 – 5:00 | The Coming Pandemic of Liver Cancer: In Search of Genomic Solutions
<i>Will discuss how screening the general population for early markers of hepatocellular carcinoma (HCC) and administering low doses of oral phenylbutyrate (PB) and Supplement A can prevent HCC.</i> | Stanislav R. Burzynski, MD, PhD |

SESSION 2

1:00- 4:00 PM

Room TBA

AESTHETIC MEDICINE*

Non CME Workshop

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|-------------|--|------------------------|
| 1:00 – 1:30 | Aesthetic Medicine Industry Update | Sharon McQuillan, MD |
| 1:30 – 2:30 | Pain Free, Hair Free, Successful Hair Removal with the Soprano XL™
Presented by Alma Lasers | Ed Zimmerman, MD |
| 2:30 – 3:00 | BodySculpting | Denise Bruner, MD |
| 3:00 – 4:00 | SmartLipo & Affirm CO ₂ | Stephen Mulholland, MD |

**4:00 AM – 6:00 PM
EXHIBIT HALL BREAK**

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DRAFT PROGRAM

GENERAL SESSION – SATURDAY, DECEMBER 13

3.25 Hours CME Credits Available

6:30 am	REGISTRATION OPENS	
7:00 am – 7:30 am	Incredible Negative Impact of Prescription Drugs and Detergents* On Human Health, Longevity, and Our Ecosystem	Lyle Hurd/Dr. Hyla Cass
7:30 am – 8:00 am	Sports Medicine: Exercise Prescription for Anti-Aging and Care and Prevention of Age-related Disease, Disability and Dysfunction <i>Olympic athletes need optimal levels of performance in each of the "10 Components of Fitness!" Your Anti-Aging Protocol must build a functional level of the 5 specific Components of Fitness essential for all Activities of Daily Living (ADLs). This presentation will provide you with specific, safe and effective exercise prescriptions not only to prevent the over 60 disorders associated with aging, physical inactivity, Metabolic Syndrome & resulting afflictions.</i>	James T. Bell, PhD
8:00 am – 8:40 am	Imaging Silent Disease to Reverse Aging of the Entire Brain and Body	Eric Braverman, MD
8:40 am – 9:10 am	Hydro-Engineering Freedom from Infectious Diseases: Can Silver Hydrosols Make Risky Vaccinations and Antibiotics Obsolete? <i>Will discuss the use of silver hydrosols as an alternative to antibiotics and vaccinations including its efficacy and cost savings.</i>	Leonard Horowitz, DMD
9:10 am – 9:20 am	Medical Editorial on Silver Hydrosols vs. Vaccinations	Mayer Eisenstein, MD, JD, MPH
9:20 am - 9:40 am	Olympic Sports Medicine & Human Augmentation at the China* Olympic Games	Robert Goldman, MD, PhD, DO, FAASP
9:40 am – 10:20 am	Low Testosterone in Men: The Next Big Thing in Medicine! <i>Will review the indications for testosterone therapy in men, risks (particularly changing concepts regarding the relationship of testosterone therapy to prostate cancer); forms of testosterone therapy and monitoring requirements.</i>	Abraham Morgentaler, MD
10:20 am – 11:00 am	A Comprehensive Lifestyle Intervention to Manage Menopause- Andropause and Improve Functions Affected by Aging <i>Will discuss the effect of multiple changes in lifestyle on common symptoms of menopause and andropause. The lifestyle interventions included in the study fell into five major areas: nutrition, supplementation, physical activity, stress management, and behavior modification.</i>	Gary Null, PhD

EXHIBIT HALL ~ LUNCH BREAK

11:00 AM – 1:00 PM

SESSION 1 – General Session Continued

3.5 Hours CME Credits Available

1:00 – 1:40	The Longevity Factor: How Red Wine and Resveratrol Can Unlock The Genetic Secrets to a Longer and Healthier Life	Joseph Maroon, MD/ Jeffery Bost, PA
1:40 – 2:00	Nutrition and Metabolism in Sports*	Rafael Santonja-Gomez, PharmD
2:00 – 2:30	Optimizing Nutrition to Optimize Health: From Theory to Practice <i>A review of the different methodologies for assessing functional nutritional needs. Learn to recognize the inter-relationship of digestion, absorption, and amino acid metabolism and how to apply functional nutritional testing and treatment to concerns of wellness, aging, optimal performance, and total well-being.</i>	Patrick Hanaway, MD

TIME, SPEAKERS, TOPICS Subject to Change

* CME Not Available

16th ANNUAL WORLD CONGRESS ON ANTI-AGING MEDICINE
& REGENERATIVE BIOMEDICAL TECHNOLOGIES

December 10-14, 2008 | The Venetian Hotel, Las Vegas, NV



DRAFT PROGRAM

GENERAL SESSION – SATURDAY, DECEMBER 13 (CONT)

SESSION 1 – General Session Continued

- 2:30 – 3:30 **Hormone Myths vs. Medical Literature and How to Grow Your Own Stem Cells** Ronald Rothenberg, MD
- 3:30 – 4:00 **Alzheimer’s Disease: A Hormonal Approach to Treatment** Mark L. Gordon, MD
- 4:00 – 4:30 **The Newly Rediscovered Anti-Aging Properties of the Amazing Sunshine Vitamin D** Mayer Eisenstein, MD, JD, MPH
Will discuss the use of Vitamin D to increase your protection from cancer, chronic pain, decrease falls, and possibly protect yourself from influenza.
- 4:30 – 5:00 **Stem Cell Therapeutics: Tissue Regeneration** Christopher J. Centeno, MD
This session will focus on the use of mesenchymal stem cells (MSC’s) for musculoskeletal tissue repair.

SESSION 2

AESTHETIC MEDICINE*

1:00 PM – 4:00 PM

Room TBD

Non-CME Workshop

- 1:00 – 1:30 **Aesthetic Treatments for Ethnic Skin** Tess Mauricio, MD
- 1:30 – 2:30 **Tunable Fractional Laser Lasers: Latest Advancement in Fractional Resurfacing** Barry Citron, MD
Presented by Sciton
- 2:30 – 3:00 **Importance of Sunscreen in Aesthetic Treatments** Diane Chambers, MD
- 3:00 – 4:00 **Trinite Skin Rejuvenation** Tess Mauricio, MD
Presented by Syneron

EXHIBIT HALL OPEN

4:00 PM – 6:00 PM



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DRAFT PROGRAM

GENERAL SESSION – SUNDAY, DECEMBER 14

2.5 Hours CME Credits Available

6:30 am	REGISTRATION OPENS	
7:00 am – 7:40 am	Safeguarding Muscle during Weight Reduction	Ingrid Kohlstadt, MD, MPH
	<i>Learn how obesity increases the body's demand for ribose, carnitine, coenzyme Q10, and amino acids. Restoring these nutrients in clinical practice can preserve muscle and improve diet adherence.</i>	
7:40 am – 8:20 am	Do Natural Hormones Live Up to Their Claims?	Neal Rouzier, MD
	<i>This presentation in an intense review of all the scientific data and studies demonstrating the beneficial effects of hormones and the health determinant that occurs when hormone levels fall.</i>	
8:20 am – 8:50 am	Dermatology Laser Techniques	Dr. Bogdan Dimitrie Niculae
8:50 am - 9:30 am	The UltraMind Solution: An Accidental Psychiatrist's Discovery of How Nutrition and Biology Influence Mood, Behavior, Attention and Memory	Dr. Mark Hyman
9:30 am – 10:00 am	Pinning Ceremony*	

**EXHIBIT HALL ~ LUNCH BREAK
10:00 AM – 2:00 PM**



DRAFT PROGRAM

GENERAL SESSION – SUNDAY, DECEMBER 14 (CONT)
 — Hours CME Credits Available

SESSION 1

BUILDING A BETTER MAN WORKSHOP
 2:00 PM – 5:00 PM
 Room TBD 2.5 CME Credits Available

A Special Conference Session to discuss the latest medical, scientific, and technological breakthroughs....And the possibility of near-term implications to positively impact human longevity.

- 2:00 - 2:40 **Modulation of Aging Through Apoptosis** **Marvin Hausman, MD**
This session will raise awareness about the potential to live longer while maintaining the mental acuity of a much younger person.
- 2:40 – 3:20 **Emerging Frontier in Cardiac and Vascular Treatment: Turning Adult Stem Cells into Medicine** **Zannos Grekos, MD**
This seminar will discuss the recent study that investigated the feasibility, safety, and clinical outcome of patients with Ischemic Cardiomyopathy treated with Autologous Angiogenic and Cardio-Regenerative Progenitor cells (ACRPC's) in a prospective
- 3:20 – 4:00 **Telomere Rejuvenation Key to Health and Longevity** **C.Norman Shealy, MD, PhD**
Will discuss the use of resonance frequencies to “cure” disease by increasing the size of the telomeres thus rejuvenating them.
- 4:00 – 4:40 **Imaging in a Dynamic Healthcare Environment** **Doug Ryan**
Will discuss the new technologies available to help diagnoses disease and to ensure better outcomes.
fashion.
- 4:40 – 5:00 **Questions & Answers**

SESSION 2

AESTHETIC MEDICINE*
 1:00 PM – 4:00 PM
 Room TBD Non-CME Workshop

- 1:00 – 1:30 **Twenty Ways to Achieve Success in Aesthetic Medicine** **Janette Daher, BS**
- 1:30 – 2:30 **Latest Advances in Laser Skin Rejuvenation**
 Presented by Lumenis
- 2:30 – 3:00 **Alternative Approaches to Damaged & Aging Skin** **Ben Johnson, MD**
- 3:00 – 4:00 **Aesthetic Venous Treatment Options** **Sharon McQuillan, MD**

ABAARM/ABAAHP/ACASP WRITTEN EXAMINATION
 1:00 PM – 5:00 PM
 Room: TBD